



Fertility – Trends, Treatments & Catholic Teaching

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Introduction



1. Fertility – a highly debated area

2. Problems



Natural Fertility Management (NFP)



A young man and woman are shown in a close embrace, kissing. The woman is on the left, wearing a patterned top, and the man is on the right, wearing a dark t-shirt. The background is a plain, light-colored wall. The text is overlaid in the center of the image.

Contraception...
What's the big deal?

Natural Fertility Management

- **Reflects...**
- **Facts...**
- **What is it?**
- **The Goal...**
- **Benefits**



Natural Fertility Management for...

- 1. Fertility Awareness (teens
and young people)**
- 2. Pre-marriage preparation**
- 3. Married couples**

Infertility & Miscarriage

Facts

The Catholic Perspective

NaproTechnology infertility treatment

NaproTechnology

USED TO TREAT

- **Unexplained infertility**
- **Endometriosis & PCOD**
- **Ovulation defects**
- **Low progesterone/hormone imbalances**
- **Hostile mucus**
- **Pelvic adhesions**
- **Blocked fallopian tubes**
- **Unexplained Recurrent Miscarriage**
- **Male factor infertility**

NaproTechnology

- **Timing / frequency of intercourse - critical**
- **Biomarkers of the cycle - indicators**
- **Targeted blood tests / scanning**
- **NaproTechnology surgical techniques**
- **Medications as appropriate**

- **Success rates :**
40% - infertility 80% - Recurrent miscarriage

Pastoral Care Issues

Critical to be aware of...

Contraception

- **The Contraceptive Mentality**
- **Health concerns – Contraception & STD's**
- **Sexually active couples preparing for marriage**
- **Mixed faith couples**
- **Short & Long term infertility**

Pastoral Care Issues

Critical to be aware of...

Natural Fertility Management

- **Myths & Misconceptions**
- **Lack of awareness of contemporary methods**
- **Benefits of abstinence**
- **A way of life and love**
- **Attitude of medical profession & clergy**

Pastoral Care Issues

Critical to be aware of...

Infertility & Miscarriage

- **Fertility Education - critical**
- **IVF as the only option**
- **Effects of contaception & STD'**
- **The emotional rollercoaster**
- **NaproTechnology...the solution**

Summary reflection...

- the aim -

- ◆ Appreciation of *fertility* and the *children* that may result from its use (GIFT)
- ◆ *Active participation* in preserving, protecting and monitoring fertility and reproductive health





Reflections...